



Rules for Youth Soccer 2023-2024 U11 League

NCPR U11 Soccer League is organized to introduce and develop youth in to competitive youth sports. We will focus on player development while also bringing out the best athlete and competitive side in all participants.

Game Format

1. League will use a size 4 ball
2. Games will be played 11v11 (9v9 if necessary based on team sizes)
3. Game length will be Four 10 minute quarters
4. Score will be kept by the Head official
5. Standings will be kept. 2pts for a win, 1pt for a tie.

Age Specific Game Play

1. Prior to game, choice of end and possession is decided by a coin toss.
2. substitutions can be made on any game stoppage.
3. Referees will explain infractions during games if needed.
4. A second try will be given if a throw- if a foul is committed on the first try, after the 2nd attempt the possession of the ball goes to the other team at the same place.
5. No offside unless deemed to be excessive.
 - a. If leading by 3 Goals then offside will be automatically be called.
6. Penalty Kicks will occur on fouls committed inside box.
7. No slide tackles.

Referees, NCPR Staff and Coaches will work collectively to progress the game and offer a productive and positive experience for all participants.