



Rules for Youth Soccer 2023-2024 U8 League

NCPR U8 Soccer League is designed to be a competitive instruction league. We will focus on the basic skill and development of players while introducing them to the beginning stages of competitive athletics.

In this age group, we will allow a maximum of 2 coaches on the field to give verbal instruction and encouragement, but should not interfere with the game play.

Game Format

1. League will use a size 3 ball
2. Games will be played 5v5
3. Game length will be Four 10 minute quarters
4. No score will be kept.

Age Specific Game Play

1. Home team will begin with the ball to start the game. There will be no coin flip.
2. Referees will explain infractions
3. Referee shall allow players to "re-do" throw-ins with instruction
4. No offside
5. No penalty kicks
6. No slide tackles or heading the ball
7. If players get "bunched up" play will stop & award one team a free kick. (Not right in front of the goal)

Referees, NCPR Staff and Coaches will work collectively to progress the game and offer a productive and positive experience for all participants.